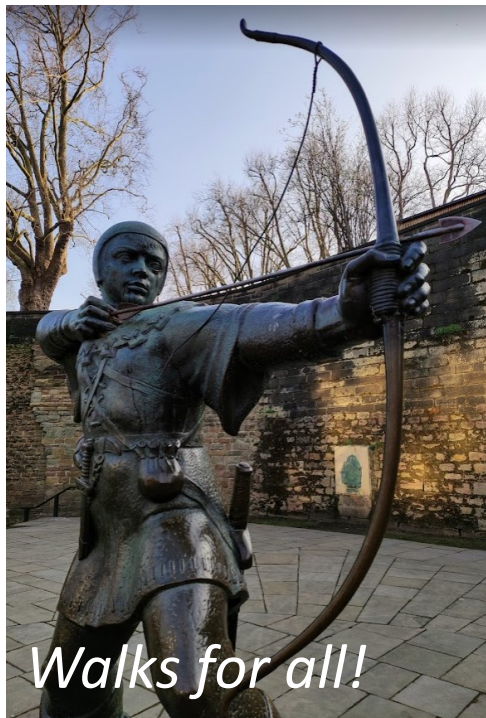


*June to
December 2025*

Published by the
Nottinghamshire
Guided Walks Partnership

Nottinghamshire Guided Walks Programme



*Celebrating 40 Years of
the Robin Hood Way*

*A compilation of guided and wellbeing walks
for those who want to improve their fitness, enjoy our countryside
and make friends.*

*Although most are free, a few walks by wildlife or preservation
societies may cost a small fee. Details are given where this applies.*

***Please read information on both inside covers before taking part
and be prepared to enjoy yourself!***

!

An Apology

Regular readers will be aware that this annual brochure usually commences with walks in May. Due to technical problems the usual production timetable could not be achieved.

We wish to apologise to those walk leaders who offered us walks in May that do not appear in this programme.

Routes and distances Distances and routes are approximate. Leaders may vary the published route according to weather and other conditions.

Wheelchair users Although most foot-paths are not suitable for wheel chair users, town walks are usually accessible. Check with the leader.

Dogs Dogs are permitted on most guided walks, but should always be kept on a lead. Some Well Being Walks may not allow them. Check first.

What to Bring A suggested list: comfortable waterproof boots or stout shoes, packed lunch/tea with flask and water, light mat to sit on, torch, map, first-aid kit, waterproof clothing, small rucksack. In winter, extra layers, hat and gloves. In summer, wide hat, sun cream and glasses.

Children Those under sixteen are welcome but must be accompanied by parent, close relative or someone legally authorised to give permission for medical treatment if necessary.

Walkers for Health & Special Needs/ Disabled We cannot provide carers, but carers are very welcome to walk with Well Being Walks. If in doubt, check with the leader. For further information see Rambler Well Being Walks at the back of this booklet.

THE PARTNERSHIP

The Nottinghamshire Guided Walks Partnership is presently made up of:

Paddy Tipping

Former MP & Notts Police Commissioner. President Ramblers Notts Area. Financial Adviser to Notts Guided Walks Partnership.

Chris Thompson

Ramblers Notts Area
Tourism & Heritage Path Officer,
Chair - Robin Hood Way Association.
Nottingham City Council &
Nottinghamshire County Council Local
Access Forum Member
Lead member Notts Guided Walks
Partnership.

Nigel Sarsfield

Ramblers Associated Member
Nottingham City Council Local Access
Forum Member
Secretary, Press Officer

We are always looking for volunteers to join the partnership to lead walks & provide support. If you feel you can help in anyway please get in touch.

This booklet is a free publication relying only on grants and some advertising. Any small contributions from walkers would be most gratefully received.

A WARM WELCOME FROM PADDY TIPPING PRESIDENT NOTTINGHAMSHIRE RAMBLERS

Welcome to the 2025 Nottinghamshire Guided Walk Programme. It contains a rich variety of walks right across the County. Some of them are old favourites of mine, but a lot of them are new to me. I intend to use the opportunity to find them, and I hope to meet many of you too. We have had a spell of exceptionally fine weather but rain or shine there is much to enjoy locally. I think we do not boast enough about the beauty of Nottinghamshire enough!

Thanks to everyone who has been involved in the project and, Chris Thompson who has contributed most of the work.

I know Chris is looking for more volunteers and walk leaders. Have a great summer.

Paddy Tipping
President, Nottinghamshire Ramblers Association

Please read this carefully



Before leaving home, be sure you are fit enough and equipped sufficiently to undertake your walk. If you're unsure of your fitness level, try a short easy walk first-it's much better to find a walk a little too slow than to make yourself miserable and exhausted. Most of our walks are off-road in rural areas. Please have suitable footwear and clothing for both walk and weather (you can check our website for the day's weather). Bring some food and drink even if the walk includes a pub or café break. Leaders may possibly refuse to accept participants who are not adequately fit or equipped. If in doubt phone the leader first. For your own and others' safety, please abide by the advice herein and the instructions of the walk leader.

Although walking is one of the safest outdoor activities, none is completely without risk. It is your responsibility to behave sensibly and minimise the potential for accidents. **Always check with the walk organiser in the unlikely event of a walk being cancelled at short notice due to weather.**

You are NOT covered by us or the leaders for personal injury or loss-the cost would have been too great and the scheme could not have gone ahead. It is your decision if you walk with us under these terms. If you are unknown to your walking group, you may be asked for your name at the start. Please co-operate and give it, for other insurance purposes.

Here are 8 reasons why walking is the bees' knees..

1. Walking strengthens your heart

Reduce your risk of heart disease and stroke by walking regularly. It's great heart exercise, reducing bad cholesterol, increasing good cholesterol. The Stroke Association says that a brisk daily 30-minute walk helps to control the high blood pressure that causes strokes.

2. Walking lowers disease risk

A regular walking habit slashes the risk of type 2 diabetes by around 60percent, and you're 20 percent less likely to develop cancer of the colon, breast or womb with an active hobby such as walking.

3. Walking helps you lose weight

You'll burn around 75 calories simply by walking at 2mph for 30 minutes. Raise that to 3mph and it's 99 calories, while 4mph is 150 calories equivalent to three Jaffa cakes and a jam doughnut! Work that short walk into your daily routine and you'll shed the pounds in no time.

4. Walking prevents dementia

Older people who walk six miles or more per week are more likely to avoid brain shrinkage and preserve memory. Since dementia affects 1 in 14 people over 65 and 1 in 6 over 80, that's a pretty good idea.

5. Walking tones up legs, bums and tums

Give definition to calves, quads and hamstrings while lifting your glutes (bum muscles) with a good, regular walk. Add hill walking and it's even more effective. Pay attention to your posture and you'll also tone your abs and waist.

6. Walking boosts vitamin D

We all need to get out more. Many people are vitamin D deficient, affecting things like bone health and our immune systems. Walking is the best way to enjoy the outdoors while getting your vitamin D fix.

7. Walking gives you energy

You'll get more done with more energy, and a brisk walk is one of the best natural energisers around. It boosts circulation and increases oxygen supply to every body cell, helping you to feel more alert and alive. Try walking in your lunch break to achieve more in the afternoon.

8. Walking makes you happy

It's true - exercise boosts your mood. Studies show that a brisk walk is just as effective as anti-depressants in mild to moderate cases of depression, releasing feel-good endorphins while reducing stress and anxiety. So for positive mental health, walking's an absolute must!

For more information about the benefits of walking visit the NHS Walking for Health website.
<https://www.nhs.uk/live-well/exercise/walking-for-health/>

June

All Nottinghamshire Wildlife Trust walks are marked with a badger icon. For walk updates and to book visit the events webpage.



<https://www.nottinghamshirewildlife.org/events>

Wednesday 4th June at 6.30pm to 8pm Potwell Dyke Grasslands Southwell

The grasslands are within easy walking distance of Southwell Minster. They are mainly unimproved meadows on calcareous soil, being the last remaining remnant of the Archbishop of York's deer park.

The site has been designated a Local Nature Reserve because of rich biodiversity including around 200 distinct species of flora of which 5 are orchids, 44 species of birds plus numerous butterflies and moths and a few mammals. Potwell Dyke Grasslands Action Group volunteer guides will take you on an informative and leisurely stroll through this incredibly special haven. Meet at the Memorial Drive car park (adjacent to the Scout hut) Voluntary donations of £2 would be appreciated.

Grid Ref: SK 701 535
Post Code: NG25 OGD
Time: 1.5 hours
Contact Tel: 07792 824 288

For more details visit our website: <https://www.southwellminster.org/outreach-learning/potwell-dyke-grasslands/>

Wednesday 4th June 6.45 pm Evening Walk No.5 Dilliner Wood/Mansey Common

To Orchard Wood Farm, Dilliner Wood, Mansey Common, National Grid Training Centre, and return

Meet Chris Thompson (Gedling Ramblers) at the The Beehive PH (smallest

pub in Notts) The Hollows , Maplebeck.
(Please Park carefully in village)
Grid Ref: SK 710 607
Post Code:G23 6AB
Distance: 6.7 miles
Contact Tel: 07719 827 808

Wednesday 4th June at 10am Brierley Forest Park/Teversal Visitors Centre, Silverhill Colliery

The walk starts at Brierley Forest Park car park, heading through the Country Park towards Teversal, Teversal Visitors Centre, Teversal Visitor Centre, Silverhill Colliery, (Mining Memorial,) return

Meet Helen Ward Ramblers (Mansfield & Sherwood Group) at Brierley Forest Park car park. Off Skegby Lane, Huthwaite
Grid Ref: SK 47154 59477
Post Code: NG17 2PL
Distance: 6 miles (3 hours)
Contact Tel: 07855 608 917

Wednesday 11th June 6.45 pm. Evening Walk No. 6 Duke of Portland Walk

Cuckney Church, (Motte & Bailey) Infield Lane, High Holbeck, St. Winfred's Church (burial place of Dukes of Portland and their families) Robin Hood Way to Norton Lodge, and return.

Meet Chris Thompson (Gedling Ramblers) at Greendale Oak PH Budby Road Cuckney
Grid Ref: SK 567 713
Post Code: NG20 9NQ
Distance: 5.9 mile
Contact Tel: 07719 827 808

June

7th June at 10.30am Nottingham Civic Society Civil War

A guide to the main events in Nottingham during the Civil War, in chronological order, and some of the places and people involved.

Meet outside the Thurland Hall pub, Pelham Street Civic Society Members free or non-member adults £3 See the Nottingham Civic Society website for more details.

Wednesday 11th June at 10.30am Nottingham Civic Society The Arboretum and a visit to the General Cemetery

The history of the Arboretum, and its features, and a brief visit to the General Cemetery.

Meet at the Waverley Street and Arboretum Street top entrance. Note: sensible footwear is recommended for this walk. Civic Society Members free or non-member adults £3 See the Nottingham Civic Society website for more details.

Thursday 12th June at 7pm Wellow Dam into medieval woodland known as Wellow Park

A walk and talk from Wellow Dam into the medieval woodland known as Wellow Park, which was once a deer park belonging to the Lords of the Manor. It was turned into a leisure facility in the 1730's by introducing a network of 'rides' but was still used for commercial purpose. The walk is timed so that you will enjoy an abundance of flora and hopefully spot various fauna. There is a gradual uphill through the woods, with an occasional steeper, but short, incline. The

leader is a community ranger who has a wealth of knowledge to share.

Meet Amy Chandler Forestry England at Wellow Dam, off Newark Road, Wellow

Grid Ref: SK 66835 -66396

Post Code: NG22 0EA.

Distance: 3 miles (2 hrs)

Contact Tel: 0774 7006 450

Friday 13th June at 6.30pm Gunthorpe Circular evening walk An evening walk in the Gunthorpe Area

Meet Christine Statham, Ramblers (Southwell Group) at The Union PH by the Trent Riverside Gunthorpe village.

Grid Ref : SK 682 437

Post Code: NG14 7FB

Distance: 3 miles (1.5hrs)

Contact Tel : 0798 321 5993

Saturday 14th June at 10.30am Victorian Walk Nottingham Civic Society

A look at how Victorian Society changed part of Nottingham.

Meet outside the Nottingham Playhouse. Civic Society Members free or non-member adults £3 See the Nottingham Civic Society website for more details

Wednesday 18th June at 6.30pm An evening walk in Sherwood Forest

Meet Joy Walker Ramblers (Mansfield & Sherwood Group) at Edwinstowe Skate Park, off Trinity Road Edwinstowe. (Car park is accessed by taking first right just after entering Trinity

June

Road)
Grid Ref: SK 61621 66578
Post Code: NG21 9RW
Distance: 5 miles (2.5 hours)
Contact Tel: 07787 252363



Saturday 14th June at 10.30am Walk with an Expert Canal + Trentside

Meet Mike Spencer at Beeston Lock. See beestoncivicsociety.org.uk/walks for more details

Wednesday 18th June 6-45pm Evening Walk No.7 Edwalton & Sharp Hill Wood

To Rushcliffe Leisure Centre, pass Church of Holy Rood, Edwalton Golf Course, Nottcutts Garden Centre, A52, path to Ruddington, Sharp Hill, return.

Meet Chris Thompson (Gedling Ramblers) at Wilford Hill Cemetery car park, Loughborough Road, West Bridgford.
Grid Ref. SK 579 354
Post Code: NG2 7FF
Distance: 5.8 miles
Contact Tel. 07719 827 808

Friday 20th June at 11am Historic Characters of Nottinghamshire (Erasmus Darwin)

Erasmus Darwin had many talents in physics, chemistry, meteorology, and all aspects of biology. Born in Elston near Newark was the youngest of four sons he became one of the foremost physicians of his time. Join us on a circular walk around his birthplace village of Elston.

Church of All Saints Syerston, Elston Spa, Trent Lane, East Stoke Battlefield, Red Gutter, St Oswald's Church East Stoke,

Stoke Fields, Elston Chapel, Elston Hall (birthplace of Erasmus Darwin and return).

Meet Chris Thompson (Gedling Ramblers) at Church of All Saints, Greengate Syerston (park carefully in the village)
Grid Ref: SK 747 475
Post Code: NG23 5NF
Distance: 5.8 miles
Contact: 07719 827 808

Saturday 21st June at 10.30am Nottingham Civic Society The Arboretum and a visit to the General Cemetery

The history of the Arboretum, and its features, and a brief visit to the General Cemetery.

Meet at the Waverley Street and Arboretum Street top entrance. Note: sensible footwear is recommended for this walk Civic Society Members free or non-member adults £3 See the Nottingham Civic Society website for more details.



Tuesday 24th June at 2pm Stay Pawsitive Dog Walk

Idle Valley, North Road, Retford, DN22 8RQ

A weekly Tuesday afternoon stroll around Idle Valley Nature Reserve with your dog.

It's a great chance for you and your dog to socialise! Come along for a free weekly dog walk around Idle Valley Nature Reserve every Tuesday at 2PM. See the events website for further details.

June



Tuesday 24th June at 10:30am Wellbeing Walk Attenborough Nature Reserve

Barton Lane, Attenborough, Nottingham,
Nottinghamshire, NG9 6DY

Come and join us for our weekly strolls at Attenborough Nature Reserve. Take in the views, chat to someone new and enjoy the benefits of walking in nature.
10:30am – 11:45am

Meeting point: Apron (place with picnic benches between the visitor car park and Nature Centre). See the events website for further details.



Tuesday 24th June at 10:30am Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ
Come and join us for our weekly strolls run by Lincolnshire Co-Op at Idle Valley Nature Reserve. Take in the views, chat with someone new, and enjoy the benefits of walking in nature.

These walks take place every Tuesday at 10:30am and last about 90 minutes – **this** is not constant walking. There are plenty of stops to admire the views at. We end the walk with a chat and cuppa in the café for those who fancy it. See the events website for further details.



Tuesday 24th June at 1pm Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ
See previous listing for details and the events website.

Wednesday 25th June at 6.30pm Bleasby Circular evening walk

An evening walk around the Bleasby area.

Meet Christine Statham Ramblers (Southwell Group) at The Waggon & Horses PH Bleasby off Main Street before Gypsy Lane
Grid Ref: SK 716 496
Post Code: NG14 7GB
Distance: 3 miles (1.5 hrs)
Contact Tel: 0798 321 5993

Wednesday 25th June 6.45 pm Evening Walk No.8 Hardwick Inn

Hardwick Inn, Duck Decoy Pond, Great Pond, Mill to climb out of park to Ault Hucknall, Hardwick Hall Drive, Lady Spencer Wood, & return.

Meet Chris Thompson (Gedling Ramblers) at Hardwick Inn car park, Hardwick Park, near Stanley.
Grid Ref: SK458 634
Post Code: S44 5QJ
Distance: 6.0 miles
Contact Tel: 07719 827 808

Wednesday 25th June at 10.30am Church (Rock) Cemetery Nottingham Civic Society

This walk takes you around the Rock Cemetery, looks at the people buried there and how this quirky cemetery was created. Please note: sensible footwear is recommended for this walk.

Meet inside Church Cemetery main gates Mansfield Road. Civic Society Members free or non-member adults £3 See the Nottingham Civic Society website for more details.

June/July

Saturday 28th June at 10.30am Nottingham Civic Society Georgian Nottingham

This walk concentrates on a period of time that has become much loved for its fine architecture.

Meet outside the Bell Inn, Angel Row, Nottingham. Civic Society Members free or non-member adults £3 See the Nottingham Civic Society website for more details.

Sunday 29th June at 1:00 pm Inclosure Walk Nottingham City

Start location: River end of Queens Walk, near Wilford Bridge and the Embankment tram stop, finishing at the Inclosure Oaks on the Forest. The walk is 5 miles in all, with short stops at intervals for a talk about the history. As it circles around the inner city are opportunities to join or leave on the way round. No steps but two hills. Suitable for power wheelchairs/ pushchairs. Guides available at the 5 Leaves Bookshop: £1

Grid Ref: SK56974 38297

Post Code: NG2 2 NS

Distance: 5 miles (3 hours)

Contact old.juneperry@gmail.com



Tuesday 1st July at 10:30am Wellbeing Walk Attenborough Nature Reserve

Barton Lane, Attenborough, Nottingham, Nottinghamshire, NG9 6DY

See Tuesday 24th June listing for details and the events website.



Tuesday 1st July at 10:30am Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website.



Tuesday 1st July at 2pm Stay Pawsitive Dog Walk

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website.



Wednesday 2nd July at 1pm Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website.

Wednesday 2nd July 6.45 pm Evening Walk No.9 Newstead Abbey

Linby, Papplewick Church, Papplewick, Robin Hood Stables, South Lodge, Newstead Abbey, Freckland Wood, Linby Trail, and return.

Meet Chris Thompson (Gedling Ramblers) at Horse & Groom PH Linby.

Grid Ref: SK 535 510

Post Code: NG15 8AE

Distance: 6.1 miles

Contact Tel: 07719 827 808

Distance: 5.8 miles

Contact Tel. 07719 827 808



Thursday 3rd July at 10:30am Idle Adventure Walk

Idle Valley, North Road, Retford, DN22 8RQ

If you're looking for a longer walk between 8 and 10 miles, try our Adventure Walks on the first Thursday of every month starting at 10am during

July

winter or 10:30am during summer. See the events website for further details.



Sunday 6th July at 10:30am Beaver Enclosure Tour

Idle Valley, North Road, Retford, DN22 8RQ

Venture inside our beaver enclosure with a guide in search of signs of beaver activity and discover how they're transforming the habitat. Meet at Chainbridge Lane. £25 booking fee applies for details visit the events website.



Sunday 6th July at 1:30pm Beaver Enclosure Tour

Idle Valley, North Road, Retford, DN22 8RQ

As above but at later time. £25 booking fee applies for details visit the events website.



Tuesday 8th July at 10:30am Wellbeing Walk Attenborough Nature Reserve

Barton Lane, Attenborough, Nottingham, Nottinghamshire, NG9 6DY

See Tuesday 24th June listing for details and the events website.



Tuesday 1st July at 10:30am Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ
See Tuesday 24th June listing for details and the events website.



Tuesday 8th July at 2pm Stay Pawsitive Dog Walk

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website..

Wednesday 9th July at 10am Sherwood Forest Walk visiting ancient oaks

This gentle walk will visit some of the ancient oaks of Sherwood Forest.

Meet Brian Tuffnell Ramblers Mansfield & Sherwood Group at car park off Trinity Road Edwinstowe. Bring a packed lunch or food available at Sherwood Visitors Centre.

Grid Ref: SK 61621 66578

Post Code: NG21 9RW

Distance: 5 miles (4 hours)

Contact Tel: 07787 252 363



Tuesday 9th July at 1pm Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website.

Tuesday 9th July at 2pm A Walk and talk around the heritage of the village of Wellow.

A walk and talk around heritage of the village of Wellow. You will be introduced to many properties ranging from Tudor construction to 20th Century. An opportunity to walk around parts of the medieval dyke that surrounds the village and listen to fascinating stories. There are no hills, and the majority of the walk will be on hard surfaces. Before you set off on the walk you will be given a short presentation about the history of the village in the Wello Church Schoolroom. Tea & cold drinks will be available after the walk, in the Schoolroom.

Meet Heather Laughton your leader for the walk at Wellow Church Schoolroom, Newark Road, Wellow
Grid Ref: SK 671 662

July

Post Code: NG22 0EA
Distance: 1.5 miles (1.5 hrs)
Contact Tel No: 07855 876 715
`Local bus service 364

Wednesday 9th July 6.45 pm Evening Walk No. 10 Erewash Valley

Castle Hill, River Erewash, Portland Park,
Kirby Dumble, Boar Hill, return

Meet Chris Thompson (Gedling Ramblers) at Duke of Wellington PH, Church Street, Kirkby in Ashfield.
Grid Ref. SK 490 559
Post Code: NG17 8QG
Distance: 5.5 miles
Contact Tel: 07719 827 808



Wednesday 9th July 7pm South Notts Out & About Evening Walk through Meadow Park, East Leake

An evening walk led by Gordon Dyne in an area of remnant lowland meadow grassland which is still managed as a hay meadow, with some interesting wildflower species.

Meeting point: Car park in East Leake centre. See the events website for further details.

Friday 11th July at 11am Historic Characters of Nottinghamshire Samuel Butler (Son of local vicar at Langer)

Samuel was the author of the book "way of all flesh" which is a novel that the development and tribulations of Ernest Pontifex a weak boy starved of familial affection, who grows up to reject the tenets of his formal education and his father's authoritarian brand of Christianity. Langer Hall,

Colston Bassett, Colston Cross, Colston Bassett Hall, Old Colston Bassett Church, return to Langer.

Meet Chris Thompson Gedling Group) at Car park near St Andrew's Church off Church.

Grid Ref: SK 727346
Post Code: NG13 9HG
Distance: 5.6 Miles
Contact Tel: 07719 827 808



Saturday 12th July 2.30pm South Notts Out & About Wilford Claypits Nature Reserve

A look at the natural history of this Wilford Claypits (flowers, dragonflies and butterflies) with Gordon Dyne.

Meet at entrance gate on Compton Acres Way (NOT Landmere Lane entrance) next to the Apple Tree pub. See the events website for further details.



Saturday 12th July at 2.30pm Birdwatching & Wildlife Walk

Chainbridge Lane, Idle Valley, Retford,

Meet Gary Hobson on Chainbridge Lane near the Beaver Tour car parking area opposite the gate to the Water Ski Pit

Sunday 13 July at 2.00pm Nottingham Civic Society Theatres of Nottingham

A city centre tour, discovering the sites and history of some of Nottingham's numerous old theatres, music halls and cinemas.

Meet outside the Galleries of Justice, High Pavement. Civic Society Mem-

July

bers free or non-member adults £3 See the Nottingham Civic Society website for more details.



Sunday 13th July at 2pm Walk with an Expert New Urban Developments

Meet Dr Styefan Kruczkowski at Beeston Station Car Park.

See beestoncivicsociety.org.uk/walks for more details



Tuesday 15th July at 10:30am Wellbeing Walk Attenborough Nature Reserve

Barton Lane, Attenborough, Nottingham, Nottinghamshire, NG9 6D

See Tuesday 24th June listing for details and the events website.



Tuesday 15th July at 10:30am Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website.



Tuesday 15th July at 2pm Stay Pawsitive Dog Walk

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website.



Wednesday 16th July at 1pm Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website.

Wednesday 16 July at 6:00pm Nottingham Civic Society A Walk in the Park

A guided walk around the prestigious Park Estate looking at how the private estate developed throughout the 19th century. Meet at Nottingham Castle Gatehouse.

Meet at Nottingham Castle Gatehouse off Friar Lane Civic Society Members free or non-member adults £3 See the Nottingham Civic Society website for more details.

Wednesday 16th July at 6.45 pm. Evening Walk No. 11 Bestwood Country Park

Miners Track, Gaunt's Hill, Alexandra Lodge, Mill Lakes, Goosedale Farm, Violet Hill, and return.

Meet Chris Thompson (Gedling Ramblers) Bestwood Lodge Drive Car Park

Grid Ref: SK 571 464

Post Code: NG5 8NQ

Distance: 6.1miles

Contact Tel: 07719 827 808

Wednesday 16th July at 6.30pm An evening walk around Clumber Park

Meet Joy Walker (Mansfield & Sherwood Group) at Duncan's Wood Lodge

car park, Ollerton Road, Worksop

Grid Ref: SK 60899 72289

Post Code: S80 3BP

Distance: 5 miles (2.5 hours)

Contact Tel: 07787 252363

Thursday 17th July at 10am In the footsteps of DH Lawrence Walk No.2 (A brief history of Watnall)

St, Mary's Church Greasley, Reckoning House Farm, Rolleston Graves, Trough Lane, Site of Watnall Hall, Watnall wood, and return.

July

Meet Chris Thompson (Gedling Ramblers) at St Mary's Church Greasley off layby off B600 Main Road Greasley. Note :We are incredibly pleased to welcome Sheila Bamford DH Lawrence Society invited to highlight DH Lawrence theme

Grid Ref: SK 489 472
Post Code: NG16 2AB
Distance: 5 miles
Contact Tel: 07719 827 808

Saturday 19th July at 11am Robin Hood Way Walk No.2

In search of Robin Hood and his outlaws (Maid Marian Walk)

Take a walk in Maid Marian Countryside and enjoy Sherwood Forest close to the village of Blidworth former home to Maid Marian Way; Haywood Oaks Wood, Boundary Wood, Tipping's Wood, New Lane, Beck Lane, Haywood Oaks Wood return.

Meet Chris Thompson (Gedling Group) at Baulkers Lane Wood Baulkers Lane Blidworth.
Grid Ref: SK613 559
Post Code: NG21 0NZ
Distance: 6 miles
Contact Tel: 07719 827 808



Tuesday 22nd July at 10:30am Wellbeing Walk Attenborough Nature Reserve

Barton Lane, Attenborough, Nottingham, Nottinghamshire, NG9 6D
See Tuesday 24th June listing for details and the events website.



Tuesday 22nd July at 10:30am Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ
See Tuesday 24th June listing for details and the events website.



Tuesday 22nd July at 2pm Stay Pawsitive Dog Walk

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website.



Wednesday 23rd July at 1pm Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ
See Tuesday 24th June listing for details and the events website.

Wednesday 23 July at 6:00pm Another Walk in the Park Nottingham Civic Society

This walk explores some of the less visited parts of the Park Estate that still deliver great architecture and historic links.

Meet at Nottingham Castle Gatehouse. Members free or non-member adults £3
See the Nottingham Civic Society website for more details.

Wednesday 23rd July 6.45 pm Evening Walk No. 12 River Soar

Ratcliffe on Soar, Kingston on Soar, Kegworth, River Soar, Bridge Farm, Ratcliffe Lock, Redhill Lock, and return.

Meet Chris Thompson (Gedling Ramblers) at Ratcliffe on Soar in village near Church
.Grid Ref: SK 496 289
Post Code: NG11 0EA
Distance: 6.0 miles
Contact Tel. 07719 827 808

July

Tuesday 24th July at 2pm A Walk and talk around the heritage of the village of Wellow.

A walk and talk around heritage of the village of Wellow. You will be introduced to many properties ranging from Tudor construction to 20th Century. An opportunity to walk around parts of the medieval dyke that surrounds the village and listen to fascinating stories. There are no hills, and the majority of the walk will be on hard surfaces. Before you set off on the walk you will be given a short presentation about the history of the village in the Wello Church Schoolroom. Tea & cold drinks will be available after the walk, in the Schoolroom.

Meet Heather Laughton your leader for the walk at Wellow Church Schoolroom,
Newark Road, Wellow
Grid Ref: SK 671 662
Post Code: NG22 0EA
Distance: 1.5 miles (1.5 hrs)
Contact Tel No: 07855 876 715
`Local bus service 364

Friday 25th July at 6.30pm Bleasby Circular evening walk An evening walk around the Bleasby area

Meet Christine Statham Ramblers
(Southwell Group) at The Waggon &
Horses PH Bleasby off Main Street before
Gypsy Lane
Grid Ref: SK 716 496
Post Code: NG14 7GB
Distance: 3 miles (1.5 hrs)
Contact Tel: 0798 321 5993



Sunday 27th July at 10.30am Big Butterfly Count and Guided Walk

Wildlife Discovery Area, Marina Drive,
Shireoaks, Worsop, S81 8NQ

A short guided walk to a breath-taking viewing point where we will then take part in the Big Butterfly Count and record what we find

Meeting point: Wildlife Trust Stand - corner of pond. For more details see the events website



Sunday 27th July at 12.30am Big Butterfly Count and Guided Walk

Details as per earlier walk.



Tuesday 29th July at 10:30am Wellbeing Walk Attenborough Nature Reserve

Barton Lane, Attenborough, Nottingham, Nottinghamshire, NG9 6D
See Tuesday 24th June listing for details and the events website.



Tuesday 29th July at 10:30am Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website.



Tuesday 29th July at 2pm Stay Pawsitive Dog Walk

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website.



Wednesday 30th July at 9am Birdwatching & Wildlife Walk

Chainbridge Lane, Idle Valley, Retford,

Meet Gary Hobson on Chainbridge Lane near the Beaver Tour car

July/August

parking area opposite the gate to the Water Ski Pit

See Saturday 12th July listing for details and the events website



Wednesday 30th July at 1pm Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details

Wednesday 30th July at 2pm Nottingham Civic Society Georgian Nottingham

This walk concentrates on a period of time that has become much loved for its fine architecture.

Meet outside the Bell Inn, Angel Row, Nottingham. Civic Society Members free or non-member adults £3 See Nottingham Civic Society website for more details.

Wednesday 30th July at 6.30pm (note earlier start time) Evening Walk 13 Southwell

River Greet, Maythorne Farm, Norwood Park, Westhorpe, Southwell Leisure Centre, Potwell Dyke, Southwell Minster, Burgage, return.

Meet Chris Thompson (Gedling Ramblers) at The Final Whistle (park Southwell Trail Car park)
Station Road Southwell
Grid Ref: SK 706 543
Post Code: NG25 0ET
Distance: 5miles (2 hours)
Contact Tel: 07719 827 80

Saturday 2 August at 10.30am Mapperley Park Nottingham Civic Society

A guided walk around a part of Nottingham that was developed in the early 20th century to become a highly desirable suburb.

Meet inside the Church Cemetery main gates, Mansfield Road.. Civic Society Members free or non-member adults £3 See the Nottingham Civic Society website for more details.



Tuesday 5th August at 10:30am Wellbeing Walk Attenborough Nature Reserve

Barton Lane, Attenborough, Nottingham, Nottinghamshire, NG9 6D
See Tuesday 24th June listing for details and the events website.



Tuesday 5th August at 10:30am Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website.



Tuesday 5th August at 2pm Stay Pawsitive Dog Walk

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website.



Wednesday 6th August at 1pm Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website

August

Wednesday 6th August at 6.30pm
(Note new Starting time)
Evening Walk 14
Greasley Circular Walk

Horse & Groom PH, St Mary's Church, Greasley Castle, Beauvale Priory, Park Springs, Felley Mill, Moorgreen Reservoir/ High Park Wood, Beauvale Lodge, return

Meet Chris Thompson (Gedling Ramblers) at Horse & Groom PH,
Moorgreen Newthorpe
Grid Ref: SK485 475
Post Code: NG16 2FE
Distance: 5 miles (2 hours)
Contact Tel: 07719 827 808



Thursday 7th August at 10:30am
Idle Adventure Walk

Idle Valley, North Road, Retford, DN22 8RQ

See Thursday 3rd July listing for details and the events website.



Friday 8th August at 2.30pm
Birdwatching & Wildlife Walk

Lound Low Road end of Walter's Lane, Retford,

Meet Gary Hobson or a free walk to admire the birds and wildlife around the Idle Valley



Saturday 9 August at 10am
South Notts Out & About: Stroll
Round Skylarks Nature Reserve

Meet at Reserve car park entrance on Adbolton Lane, Holme Pierrepont

Saturday 9 August at 10.30am
Old Basford
Nottingham Civic Society

A tour of Old Basford looking at its buildings and its history, and how it developed

into the suburb it is today.
Meet at St Leodegarius Church, Church Street, Civic Society Members free or non-member adults £3 See Nottingham Civic Society website for more details.



Tuesday 12th August at 10:30am
Wellbeing Walk Attenborough
Nature Reserve

Barton Lane, Attenborough, Nottingham, Nottinghamshire, NG9 6D
See Tuesday 24th June listing for details and the events website.



Tuesday 12th August at 10:30am
Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website.



Tuesday 12th August at 2pm
Stay Pawsitive Dog Walk

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website.



Wednesday 13th August at 1pm
Wellbeing Walk Idle Valley

Idle Valley, North Road, Retford, DN22 8RQ

See Tuesday 24th June listing for details and the events website

Wednesday 13th August at 6.30pm
Evening Walk 15
Colwick

Colwick Park, Colwick Hall, Colwick Country Park, Colwick Vale, Colwick Woods (Three Hills) Roughhill Woods

Meet Chris Thompson (Gedling Ramblers) at Racecourse Road outside St

August

Johns The Baptist Church (Remains) near
Colwick Hall Entrance.
Grid Ref: SK601 390
Post Code: NG2 4BH
Distance: 3.5 miles (1.30m)
Contact Tel: 07719 827 808



Saturday 16 August at 10am South Notts Out & About: East Bridgford Wildlife Walk

East Bridgford Village Hall NG13 8NH

A wildlife work with Gordon Dyne around
East Bridgford taking in Springdale Wood
and Bridgford Street Wildflower Meadow



Sunday 17th August at 2pm Walk with an Expert Beeston Street Art Centre

Meet Anna Wheelhouse at Chilwell Road
Co-op.

See beestoncivicsociety.org.uk/walks for
more details

Wednesday 20th August at 6.30pm Evening Walk No 16 Wollaton Hall

The Wheelhouse PH Russell Drive, Harri-
son Plantation, Martins Pond, Wollaton
Village, Wollaton Hall & Park, Digby Ave,
Coach Drive, return

Meet Chris Thompson (Gedling Group) at
The Wheelhouse PH off Russell Drive/
Wollaton Road.

Grid Ref: SK 531 401
Post Code: NG8 2BH
Distance: 4 miles (2 hours)
Contact Tel : 7719 827 808

Friday 22nd August at 11am Historic Characters of Nottinghamshire (Pilgrim Fathers Walk)

Some 120 colonists left Plymouth in
August 1620 in the "Mayflower" to set-
tle in the new world – America. They
originated from North Nottinghamshire
and settled in the village of Patuxent
which they renamed Plymouth. Join us
on the walk to celebrate the occasion.
Retford (visit to Retford Museum
(Pilgrim Father Museum), Retford Town
Hall,,King's Park, Retford Railway Sta-
tion, Retford Golf Club, Babworth, Sut-
ton Lane , Chesterfield Canal return.

Meet Chris Thompson (Gedling
Ramblers).at Retford Museum Amcott
House, 40 Grove Street Retford (park
cars carefully in Retford).

Grid Ref: SK707812
Post Code: DN22 6LD
Distance: 6.5 miles
Contact Tel: 07719 827 808

Saturday 23rd August at 10.30am Lace Market Nottingham Civic Society

A detailed look at how the Lace Market
area developed through the centuries to
become a national centre of the lace
trade.

Meet at Weekday Cross, Fletcher Gate
(outside Contemporary). Civic Society
Members free or non-member adults £3
See Nottingham Civic Society website
for more details.



Wednesday 27th August at 9am Birdwatching & Wildlife Walk

Chainbridge Lane Horse Pad-
docks, Retford

Meet Gary Hobson or a free walk to
admire the birds and wildlife around the
Idle Valley

August/September

Wednesday 27th August at 2pm Lace Market Nottingham Civic Society

A detailed look at how the Lace Market area developed through the centuries to become a national centre of the lace trade.

Meet at Weekday Cross, Fletcher Gate (outside Contemporary). Civic Society Members free or non-member adults £3 See Nottingham Civic Society website for more details.

Wednesday 27th August at 6.30 pm Evening Walk No.17 Epperstone

Eastwood Farm, Hags Farm, Car Holt Farm, Lowdham Church, and return.

Meet Chris Thompson (Gedling Group) at Cross Keys PH, Main Street Epperstone.
Grid Ref: SK 653 484
Post Code: NG14 6AD
Distance: 5.1 miles
Contact Tel: 07719 827 808

Saturday 6th September at 11am Local Access Forum: Victoria Embankment/ Nottingham Canal

A circular Walk along Victoria Embankment and Nottingham Canal.
A lovely walk full of surprises.

Meet Chris Thompson (Nottingham Local Access Forum) at Tram stop near Ferry Inn, Wilford Village
Grid Ref: SK 568 379
Post Code: NG11 7AA
Distance: 5 miles (3 hours)
Contact Tel: 07719 827 808

Sunday 7th September at 10am South Notts Out & About: Sutton Bonnington Diamond Woods



Join Gordon Dyne for a walk round a wildlife woodland plantation and stroll along the River Soar.

Village sports ground car park on Main Street, Sutton Bonnington

Sunday 7th September at 2pm Nottingham Civic Society Theatres of Nottingham

A city centre tour, discovering the sites and history of some of Nottingham's numerous old theatres, music halls and cinemas.

Meet outside the Galleries of Justice, High Pavement. Civic Society Members free or non-member adults £3 See the Nottingham Civic Society website for more details.

Friday 12th September at 11am Historic Characters of Nottinghamshire (Helen Cresswell) (last in series)

Helen Cresswell was born on 11 June 1934 in Sutton-in-Ashfield, Nottinghamshire, an English television scriptwriter and author of more than 100 children's books, best known for comedy and supernatural fiction. Her most popular book series, Lizzie Dripping and The Bagthorpe Saga, were also the basis for television series. Join us on a walk around Eakring where she spent the later years of her life.

Brail Lane, Eakring Brail Wood, Pudding Poke Wood, Robin Hood Way path to return via , Dilliner Wood re-

September

turn passing former residence of Helen-Cresswell .

Meet Chris Thompson (Gedling Ramblers) at former site of Saville Arms corner Bilsthorpe Road/Wellow Eoad Eakring (park carefully in village).
Grid Ref: SK 671 623
Post Code: NG22 0DG
Distance: 5 miles
Contact Tel: 07719 827 808

Saturday 13th September at 2pm **A Walk and talk around the heritage of the village of Wellow**

A walk and talk around heritage of the village of Wellow. You will be introduced to many properties ranging from Tudor construction to 20th Century. An opportunity to walk around parts of the medieval dyke that surrounds the village and listen to fascinating stories. There are no hills, and the majority of the walk will be on hard surfaces. Before you set off on the walk you will be given a short presentation about the history of the village in the Wellow Church Schoolroom. Tea & cold drinks will be available after the walk, in the Schoolroom..

Meet Heather Laughton your leader for the walk at Wellow Church Schoolroom,
Newark Road, Wellow
Grid Ref: SK 671 662
Post Code: NG22 0EA
Distance: 1.5 miles (1.5 hrs)
Contact Tel No: 07855 876 715
Local bus service: 364

Sunday 14th September at 2pm **Walk with an Expert Blue Plaques: Chilwell & Beyond**

Meet Dr Peter Robinson & Alan Dance at Sid Standard's. See



beestoncivicsociety.org.uk/walks for more details

Thursday 18th September at 10am **In the Footsteps of DH Lawrence Walk No.3 (Educating DH Lawrence)**

Engine Lane, Moorgreen, Moor Green reservoir, High Park wood, Narrow lane, Bogend, Greasley Church, Beauvale school, Colliers wood.

Note :We are incredibly pleased to welcome Sheila Bamford of the DH Lawrence Society, invited to highlight DH Lawrence theme.

Meet Chris Thompson (Gedling Ramblers) at Colliers Wood Car Park Engine Lane Greasley.
Grid Ref: SK 481 480
Post Code: NG16 3QU
Distance:7.5 miles
Contact Tel: 07719 827 808

Saturday 20th September at 11am **Robin Hood Walks No.3 Clumber Park Lake to Creswell Craggs (Note: Linear walk car share)**

Clumber Lake, Limetree Lane, Truman's Lodge, Drinking Pit Lane, South Lodge Welbeck, Welbeck Lake, Oaksetts Lodge, Creswell Craggs (Bring National Trust membership card for car parking)

Meet Chris Thompson (Robin Hood Flexi group) at 11am for car share at Creswell Railway Station car park, drive to Clumber Park Hardwick Village with car share return for vehicles left at Clumber Park after completion of the walk.

Grid Ref: SK 523 744
Post Code: S80 4AZ

September/October

Distance: 8.6 miles
Contact Tel: 07719 827 808

Saturday 27th September at 10.30am Clifton Village Nottingham Civic Society

A tour of this historic village that contains some of the finest and oldest listed buildings in the city.

Meet at the Dovecote, Clifton Green. Civic Society Members free or non-member adults £3 See the Nottingham Civic Society website for more details.

Friday 3rd October at 11am St Chads Water Nature Reserve Shardlow

St Chads Water Nature Reserve, River Derwent & Derwent Mouth, Trent & Mersey Canal, Derwent Mouth Lock, Derwent Mouth, Harrington Bridge, Shardlow & Return.

Meet Chris Thompson (Gedling Ramblers) at St Chads Water Nature Reserve, Wilne Road, Draycott (access off Derby Road Draycott.)
Grid Ref: SK 448 319
Post Code: DE72 3QH
Distance: 6.2 Miles
Contact Tel: 07719 827 808

Sunday 5th October at 10am Annual East Markham Apple Festival Walk

Starting from Tuxford the walk heads over to East Markham for the Apple Festival where you can pick your own fruit and visit the craft fair in the village hall. We return to Tuxford. Bring a packed lunch or there is usually food available to purchase at the Apple Festival.



Meet Brian Tuffnell (Ramblers Mansfield & Sherwood Group) at Car Park on Newark Road, Tuxford, next to the Sun Inn.

Grid Ref: SK 73668 70923
Post Code: NG22 0LL
Distance: 7.5 miles (4.5hours)
Contact Tel 07787 252 363

Saturday 11th October at 10am South Notts Out & About: Wilwell Farm Cutting in Autumn



Wilwell Farm Cutting Nature Reserve
Wilford Road, Ruddington and Wilford, Notts NG11 7DD

Take a walk with Gordon the Warden for a stroll as Wilwell Farm Cutting enters the Autumn season.

Sunday 12th October at 10:30am Beaver Enclosure Tour

Idle Valley, North Road, Retford DN22 8RQ



Venture inside our beaver enclosure with a guide in search of signs of beaver activity and discover how they're transforming the habitat. Meet at Chainbridge Lane. £25 booking fee applies for details visit the events website.

Sunday 6th October at 1:30pm Beaver Enclosure Tour

Idle Valley, North Road, Retford, DN22 8RQ



As above but at later time. £25 booking fee applies for details visit the events website.

October/November/December/January

Sunday 12th October at 2pm Walk with an Expert Beeston Street Art Centre



Meet Dr Jo Norcup at Broadgate Park.

See beestoncivicsociety.org.uk/ walks for more details

Friday 14th November at 11am Belvoir Castle Walk

Bridleway to Long Lane, The Ash Beds, West Wong, Belvoir Castle, return to Red-mile nr Windmill Inn.

Meet Chris Thompson (Gedling Ramblers) at Main Road Redmile nr Windmill Inn

Grid Ref: SK 798 353

Post Code: NG13 0GA

Distance: 5 Miles

Contact Tel: 07719 827 808

Sunday 23rd November at 10am Dukeries Circular Walk

A circular walk around the Dukeries, on a well-established rights of way linking Cresswell Crags, Robin Hood Way, Tunnel Skylights, return and the opportunity for Christmas shopping at Dukeries Garden Centre and Farm Shop.

Meet Thelma Ward Ramblers Worksop Group at Welbeck Gallert & Dukeries Garden Centre (free car park)

Grid Ref: SK 5481-7409

Post Code: S80 3NB

Distance: 8.5 miles (4 hrs)

Contact Tel: 07925 797762

Saturday 6th December at 10am Annual Christmas Tree Festival St Mary's Church Cuckney

Starting from Warsop Carrs we make our way over to Cuckney for the annual Christ-

mas Tree Festival display. We then return to Warsop via Sandy Lane. There will be mince pies and mulled wine at the start of the walk. Lunch will be at St Mary's Church Cuckney. There will be cake and drinks available to buy at the church.

Meet Richard Coupe (Ramblers Mansfield & Sherwood Group) at Warsop Carrs car park.

Grid Ref: SK 5680 6863

Post Code: NG20 0SF

Distance: 6.5 miles (5 hours)

Contact Tel : 07878 678356

Thursday 1st January 2026 at 10.30am Clumber Park

Clumber Park Walk taking in Limetree Lane, Clumber Lane, Clumber Lake, Hardwick Village, School House, return to Apleywood Lodge and car park.

Meet Chris Thompson (Gedling Ramblers) at Car Park at Layby on A614 opposite Limetree Lane & Apleywood Lodge

Grid Ref: SK 647 775

Post Code: S80 3AE

Distance: 6 Miles

Contact Tel: 07719 827 808

Love wildlife?

As a Nottinghamshire Wildlife Trust member, you will help restore wildlife & wild places across our county, as well as inspire thousands of people about nature every year. Your support really makes a difference.

<https://www.nottinghamshirewildlife.org/become-a-member>

Events

National Trust: Clumber Park

A number of walks are run throughout the year by the National Trust at Clumber Park. The walks below are **free, but normal admission charges to Clumber Park apply**. For a full list of walks visit the Clumber Park events page which is regularly updated.

<https://www.nationaltrust.org.uk/visit/nottinghamshire-lincolnshire/clumber-park/events>

Pushabout, second Monday of every month, 10.15am

A free walking group created for anyone who has or looks after pushchair-aged children. It's a great way for mums, dads, grandparents or carer's to get active, enjoy some fresh air and make new friends while looking after their baby or toddler. No booking required. Meet under the Clock Tower in the Turning Yard. Admission into the park applies.

Weekly dog walking social, every Wednesday from 10.00am

Come along to explore the Park and enjoy a cuppa and a bite to eat in our dog-friendly cafe afterwards. No booking required. Meet at Central Bark. Free event, admission applies.

Hardwick Village Evening Walkabout, first and third Wednesday of the month, 7.30pm

Explore the Hardwick area of Clumber Park. Walks are up to 3 miles and last around an hour. Free event, no booking required. Meet at Hardwick Village Social Club. If you haven't been on this walk before, please contact us on 01909 476592 for further details.

Discover Clumber Park, first Thursday of every month, 10.30am

Led walk, exploring different landscapes and habitats. Walks are 4-6 miles and last 2-3 hours. No booking required. Meet at the Discovery Centre. Free event, admission applies.

Monthly Family Dog Walk, first Sunday of every month, 10.30am - 12pm

Explore different areas of Clumber Park while meeting like-minded dog loving families. Treat yourself to a cuppa and a piece of cake in our dog-friendly café afterwards. Meet at Central Bark. Free event, admission applies.

Sunday Walkabout, third Sunday of every month at 10:30am

Take in the sights of the park on a led walk. There's 2-3 different distances to choose from on the day, usually 3,5 or 8 miles. No booking required. Meet under the Clock Tower in the Turning Yard. Free event, admission applies.

Nordic walking, every Thursday at 10.00am

Join Sherwood Nordic Walking for these group walking sessions to learn the art of Nordic walking and its many benefits. Easy on the knees and joints. Suitable for all levels / ages. Sociable, safe outdoor exercise. A great way to discover Clumber Park while keeping fit. Meet in the main car park. Admission into the park applies. Sessions must be booked

www.sherwoodnordicwalking.co.uk

For more details call 01909 511 015 or email clumberprogramming@nationaltrust.org.uk

Long Distance Walks

Nottinghamshire has a number long distance walking trails to enjoy. Sadly, space does not allow us to provide comprehensive details of each trail but the table below provides a list of some of trails with links to websites for further route details. This list is provided for you to consider a continuous adventure or as daily walk options over a period of time to further explorer the Nottinghamshire countryside.

Local Tourist Information centres can provide further of travel and accommodation arrangements if required. [The Ramblers](#) or [Long Distance Walks Association](#) websites also provide further details for most of the walks and additional walks.

Visit <https://ldwa.org.uk/> for details of these and other long distance walks available. We do hope you will consider walking some of these trails and we hope they provide you with a wonderful walking experience promoting the countryside of Nottinghamshire.



No	Name of route	From	To	Mileage
1	The Archaeological Way	Pleasley Pit Country Park	Creswell Crags	11 miles
2	Broxtowe Country Trail	Attenborough Nature Reserve	Langley Mill	27 miles
3	Cuckoo Way Walk (Chesterfield Canal)	Chesterfield	West Stockwith	46 miles
4	The Dukeries Trail	Shirebrook	Saxilby	32 miles
5	Erewash Valley Trail	Circular Route around Erewash		30 miles
6	Grantham Canal	Nottingham	Grantham	33 miles
7	Inclosure Walk Nottingham	Queens Walk near Wilford Toll Bridge	Church Cemetery The Forest	5 miles
8	Little John Challenge Walk	Circular route around Edwinstowe		28 miles
9	Mansfield & Pinxton Railway	Pinxton	Mansfield	7 miles
10	Midshires Way	Notts border from Old Dalby	Kegworth	18 miles 225 miles
11	Notts Wolds Way	Bunny	Bingham	26 miles
12	Nottingham Canal Trail	Langley Mill	Wollaton	8.7 miles
13	Notts Clockwalk	Circular walk around Nottingham		60 miles
14	Robin Hood Way	Nottingham Castle forecourt	St Mary's Church Edwinstowe	105 miles
15	Rushcliffe 100 Walk	Circular Walk from Willoughby on the Wolds		62 miles 100 kms
16	Trent Valley Way	Trumpton Or Attenborough	West Stockwith	84 miles 170 miles
17	Trent Vale Trail	Newark	Collingham	15 miles

Self Guided Walks/Apps

If you can't make a guided walk there a number of Self-Guided walks on the Notts Guide Walks Self Guided Walks section of the website. These can be download as a printer friendly PDF version or viewed on a mobile device with some walks offering a GPX file to use with a number of walking apps available to download. We continue to add new walks to the website and links to other guided walks so visit the Self-Guide Walks section to see the walks on offer.

<https://nottsguidedwalks.co.uk/self-guided-walks/>

The Nottingham City Council Transport Nottingham Walking website has a number of self-guided walking routes in Nottingham. These can you help you discover your local area, landmarks and heritage, whilst keeping physically active from your doorstep.



Put together by the Nottingham Local Access Form and Parks Service they offer a wide range of walks to cater for everyone. Visit the website to see the routes on offer.

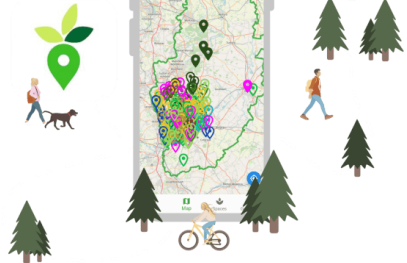


Nottingham
City Council

<https://www.transportnottingham.com/walking/>

GreenSpace NG app

The GreenSpace NG app aims to help boost the health and wellbeing of people across Nottingham and Nottinghamshire, by encouraging them to explore more green spaces in their community and beyond. How many of these green spaces have you visited and can you recommend any more?



Go Jauntly Walking app

Moving in green open spaces at your own pace is proven to be good for our mental health and wellbeing, as well as our physical health. Using the Go Jauntly app you will find lots of suggested trails with clear instructions of what you can expect to see on your walk and you can also create your own walking trails too!

Ramblers Wellbeing Walks



Ramblers Wellbeing Walks are part of a national campaign to improve health and wellbeing simply by walking.

There are many such groups in Nottinghamshire, with trained and insured leaders, who take parties out for a gentle stroll in their local area.

The walks are an ideal introduction to group walking if you have never tried it before. Local walks at an easy pace, trained leaders and an amiable group around you – it becomes a comfortable, friendly way of recovering or improving your health. Research shows that you can reduce your risk of contracting any one of about 35 serious diseases too.

Check out <https://www.ramblers.org.uk/go-walking/wellbeing-walks> for a full list of Wellbeing walks available and <https://nottsguidedwalks.co.uk/wellbeing-walks/> for groups and walks in Nottinghamshire. Space does not allow us to feature all the Wellbeing Walks but a selection of groups are showcased on the next few pages, check the listed group websites for more walks and updates.

Ramblers Wellbeing Walks Age UK Nottingham

Join Ramblers Wellbeing Walks Nottingham for short, local and accessible walks to help you get more active.



Best Foot Forward walks are led by trained walk leaders, one who leads from the front and the other who follows at the back of the group. Walks are FREE and everyone is welcome, though we ask that people under the age of 18 are accompanied by an adult.

Our walks take place whatever the weather, so simply dress appropriately and join the group at the start location.

For more information contact: 0115 896 6906 or visit the [Ramblers Age UK Nottingham website](#) or the [Age UK Nottingham Best Foot Forward website](#).



Ramblers Wellbeing Walks Canal and River Trust - East Midlands organises short and friendly walks in and around the east midlands. You'll receive a warm welcome and plenty of support to make it easier to get active and stay active. For more information and to register for free to receive further information and walk details visit the [Ramblers Canal & River Trust East Midlands website](#).



**Edwinstowe &
Sherwood forest**

Ramblers Wellbeing Walks Edwinstowe and Sherwood Forest for short, local and accessible walks to help you get more active. Please join us for a relaxed and very gentle-paced walk and talk with approximately 40 minutes walking (Please allow at least an hour to include stop halfway). Meet at the Main Car Park of Sherwood Forest Visitor Centre, NG21 9QB. Walk to Major Oak and return to visitor centre. 2nd and 4th Thursday of each month at 10am. For further information and walk details visit the [Rambler Wellbeing Walks Edwinstowe and Sherwood Forest website](#).

Ramblers Wellbeing Walks Get Going in Gedling organises short and friendly walks in and around Gedling. You'll receive a warm welcome and plenty of support to make it easier to get active.

Visit the [Rambler Wellbeing Walks Get Going in Gedling website](#) to register for free to receive further information.



Ramblers Wellbeing Walks Nottinghamshire Wildlife Trust organise and deliver free*, accessible walks on our nature reserves across the county. These walks are open to anyone and are a great way of getting some exercise and meeting some new people. Our fantastic Walk Leaders (and our glorious wildlife!) look forward to meeting you.

*Please note if you are attending a Wellbeing Walk at Attenborough Nature Reserve and are travelling by car there is a £3 car parking charge (unless you are a Nottinghamshire Wildlife Trust staff, member or volunteer, or have a permit with us). Visit the [Rambler Wellbeing Walks Nottinghamshire Wildlife Trust website](#)

Rushcliffe Move & Mingle Wellbeing Walks offer free, safe and sociable walks with trained leaders to improve your health and wellbeing – supporting you to get active and stay active. Walks last from 30 to 90 minutes to suit your ability and level of fitness.

They offer walks in five Rushcliffe locations each week: Lady Bay, Rushcliffe Country Park, Radcliffe on Trent, East Leake and Cotgrave Country Park. Please phone 07969 330846 or visit the [Rushcliffe Move & Mingle website](#).



Other Wellbeing Walk Groups

Other groups offering walks across Nottinghamshire. Full details, additions and updates can be found on the [Notts Guided Walks Wellbeing Walks page](#).

Bircotes Smiley Milers - Meet 10am every Wednesday from the Sports and Social Club, Scrooby Road, Bircotes.

D.H. Lawrence Birthplace Museum Wellbeing Walks offer a walk on the first Tuesday of each month, meeting at 10.00am at the Birthplace Museum on Victoria Street, Eastwood.

GOGA – Get Out Get Active Bassetlaw aims to provide support to encourage greater activity in a genuinely inclusive environment, helping to build friendships, maintain health, increase independence, reduce stress and boost self-esteem.

instep Walking for Health in Mansfield offer free health walks which take place on Sunday, Monday and Thursday mornings at 10, and last about two hours.

Lincolnshire Coop Wellbeing Walks coordinate and support over 78 volunteered walks across Lincolnshire and Newark.

Nordic Walking Keep fit with two poles - The Finnish Way brought to your doorstep by 'Nordic Walk'. Walks across Nottinghamshire visit the website for details.

Mansfield and Ashfield Walk & Talk is a calm and social walking group where people can chat, walk and enjoy the views.

Our Centre: Walking Group Monthly walking group in Kirkby in Ashfield for fairly active people as well as those who haven't walked much. A variety of venues and walks at local attractions. Membership and charges apply.

Small Steps Big Changes run Walk & Talk events across Nottinghamshire. Visit the website for details.

Step2it Dukeries Walking Group - The Step2it Dukeries walking group meets every Thursday at Kilton Golf Club in Worksop.

Trent Dementia offers free leisurely guided health walks on the first and second Thursday of each month in Nottingham.

Workhouse Walkers Come and enjoy a social walk around Southwell and discover more of the local area surrounding The Workhouse. On the last Friday of every month, excluding December, the Workhouse Walkers will take you on a different walk to discover the many footpaths around Southwell. Come and enjoy a chat, see what nature you can spot along the way and learn more about the local area. Each walk starts and ends at The Workhouse and is approximately 75 minutes long, with a shorter option of 30 minutes available.

Further suggestions

Discover open spaces in Nottingham

We love our green spaces here in Nottingham and we all know how important they are for our health, well-being, and the environment. The Green Map of Nottingham, has been designed to help you locate your nearest Open Space to relax, play, grow or volunteer. View the interactive map at

<https://www.nottinghamparks.co.uk/index.html>



The Big Green Book

The Big Green Book has been developed as part of the GreenSpace Green Social Prescribing Project and it is a directory of nature-based activities and opportunities around Nottingham City. Some of the provider activities in this City version may extend into parts of the county.

<https://www.nottinghamcvs.co.uk/projects/greenspace/big-green-book>

Useful Websites

There are lots of interesting and unique places across Nottinghamshire that run walking events or tours throughout the year. A few useful websites are listed below that are certainly worth visiting as new events are regularly added which may be of interest. Please be aware charges and a requirement to book may apply so please check the details carefully and contact the event organiser if further details or clarification is needed.

National Civil War Centre Newark - <http://www.nationalcivilwarcentre.com/>

Wollaton Hall - <https://wollatonhall.org.uk/whats-on/>

Newstead Abbey - <https://newsteadabbey.org.uk/whats-on>

Creswell Crags - <https://www.creswell-crags.org.uk/events-listings>

Rufford Abbey - <https://ruffordabbey.co.uk/events/>

Nottinghamshire Wildlife Trust - <https://www.nottinghamshirewildlife.org/events>

Sherwood Pines - <https://www.forestryengland.uk/sherwood-pines>

Ramblers - <https://www.ramblers.org.uk/>

Visit Nottinghamshire - <https://www.visit-nottinghamshire.co.uk/>

Nottingham Open Spaces Forum - <http://nosf.org.uk>

Travel Well - <https://www.transportnottingham.com/projects/travel-well/>

Chesterfield Canal Trust - <https://chesterfield-canal-trust.org.uk/>

Lambley Dumbles Walking Trails - <https://www.lambleyheritage.co.uk/>

Walking in Newark and Sherwood - <https://www.newark-sherwooddc.gov.uk/walking/>



The Partnership is very aware that we owe a huge debt to our walk leaders. A word of thanks at the end of your walk would be appreciated by everyone.

Thanks to everyone who has contributed walks as we could not make this guide without them. Particularly Chris Thompson who is leading over 30 walks, Nottingham Wildlife Trust who provided wildlife walks and Nigel Sarsfield who spent many hours putting this guide together.

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[Nottingham Community Foundation](#), on behalf of the Thomas Farr Charity who provided funding for the project. Ash House B, Ransom Wood Business Park, Southwell Road West, Mansfield, Nottinghamshire NG21 0HJ. enquiries@nottscf.org.uk

[Nottingham Area Ramblers](#) and [The Ramblers Association](#).

Notes

Cover pictures

Left Statue of Robin Hood in front of Nottingham Castle

Right Robin & Maid Marian at Edwinstowe



RAMBLERS

Nottinghamshire

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Ramblers is the walking charity working to keep local paths open. Join us and find out more at the websites below:

**For more information and details of walks visit our website
www.nottsarearamblers.org.uk**



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