

# Do you want to be a litter hero?



## How do you go about it?

Speak with your local council to get:

### Litterpicking:

- can help you feel good
- gets you outside in the fresh air
- gives you a sense of achievement
- keeps your local area clean
- helps you get to know your community/neighbourhood
- helps you connect with people
- helps you move more

- equipment (high vis jacket, bags, gloves, grabber)
- hints and tips about what to do
- support in collecting rubbish afterwards



# If you want to set up a neighbourhood litterpicking group:

Speak with your local council to get support in how to make it happen:

- how to set the group up – eg the location, a group name, maybe a theme/providing some food at the end
- how to promote the group
- any equipment available
- advice on litterpicking
- support in collecting the rubbish afterwards

## Who do I contact?

Click on your area for information

ASHFIELD

BASSETLAW

BROXTOWE

GEDLING

MANSFIELD

NEWARK & SHERWOOD

NOTTINGHAM CITY

RUSHCLIFFE

WALK  
notts

active  
notts